

GURU NANAK PUBLIC SCHOOL, SARABHA NAGAR, LUDHIANA
CURRICULUM (2024-25)
CLASS - LKG

EVALUATION - 1
APRIL

ENGLISH

Oral (My First Letters and Words Book- KIDZIA)

- A-Z
- Picture Reading A to L with phonetic sounds (Page nos. 2-13)

Written

- I, L, T, H, E, F, A, B, C, D
- Match the letters
- Circle the correct letter

English Workbook (Capital Writing Activity Book- Vincent)

- Will be done according to the syllabus

RHYMES

- Mickey Mouse
- Big Ship

MATHS

Oral

- 1 to 20

Written

- 1 to 10
- Match the numbers

Math Workbook (Numbers Book- Iconic)

- Will be done according to the syllabus

DRAWING AND COLOURING

SHAPE- Circle (Sun & Ball)

COLOUR- Red and Yellow

CONCEPTUAL SKILLS

- Big-small
- Same-Different

VALUE BASED EDUCATION

- Greetings

E.V.S (Word picture book)

- Fruits (Page no. 14&15)
- Vegetables (page no. 18 &19)

STORY

Friendship with Moral

GENERAL CONVERSATION (Word picture book)

Me and my body parts (page no. 2)

COMPUTER

Introduction to a computer

MUSIC

- Rhythmic Clap – Lesson 1
- Waheguru Simran
- Mool Mantra
- Introduction of Musical Instrument in Music Room
- English Rhyme (Tideo)

DANCE

Basic Steps :

1. Jump with Hand Movements
 2. Smiley
 3. Rolling
 4. Twisting
 5. Rolling with clap
- Song – Baby Shark

PHYSICAL EDUCATION

1. Attention / Stand at Ease
2. Upper Body Exercise

MOTOR SKILLS

Fine Motor Skills – Paper Folding and Pasting

Gross Motor Skills – Sitting and Standing with Right Posture

MAY

ENGLISH

Oral (My First Letters and Words Book – Kidzia)

- A-Z
- Picture Reading A to L with phonetic sounds (Page nos. 2-13)

Written

- G, J, K
- Sequence Writing (A to L)
- Fill ups (A-L)
- Circle the correct letter for the picture (A-L)

English Workbook (Capital Writing Activity Book – Vincent)

- Will be done according to the syllabus

RHYMES

- Ten Little Fingers
- Incy Wincy Spider

MATH

Oral

- 1 to 20

Written

- Sequence Writing (1-10)
- Fill ups (1-10)

- Count and write
- Count and match

Math Workbook (Numbers Book- Iconic)

- Will be done according to the syllabus

DRAWING AND COLOURING

SHAPE-Circle (Wheel, Smiley)

COLOUR- Black , Yellow

CONCEPTUAL SKILLS

- Open-close
- Boy-Girl

VALUE BASED EDUCATION

- General Etiquettes

E.V.S (Environmental Studies Book)

- Food we eat (Page no. 53 & 54)

STORY

Friendship with moral

GENERAL CONVERSATION (Word picture book)

- Ideal Family (page no.3)

COMPUTER

Introduction to a computer

MUSIC

- Gurbani Shabad (Poora Prabh Aradhya)
- Rhythmic Clap – Lesson 1
- Mool Mantra
- English Rhyme (Tideo)

DANCE

Basic Steps :

1. Jump with Hand Movements
 - 2 Smiley
 - 3 Rolling
 - 4 Twisting
 - 5 Rolling with clap
- Drilling with song

PHYSICAL EDUCATION

1. Zig Zag
2. Lower Body Part Exercise

MOTOR SKILLS

Fine Motor Skills – Zipping/ Unzipping

Gross Motor Skills – Clap Hands in all four Directions

EVALUATION - 2

JULY

ENGLISH

Oral (My First Letters and Words- Kidzia)

- A-Z
- Picture Reading A to Z with phonetic sounds (Page nos. 2-27)

Written

- M, N,O, P, Q,R,S
- Fill ups (A to S)
- Circle the correct letter for the picture
- Write the correct letter for the picture
- Match the same letters

English Workbook (Capital Writing Activity Book- Vincent)

- Will be done according to the syllabus

RHYMES

- My Family
- Funny Funny Froggie

MATH

Oral

- 1 to 30

Written

- 11 to 30
- Fill ups (1-30)
- Count and write
- Count and match
- Dictation(1-30)
- What comes after? (0-30)
- Put the sign with pictures (>,<=,<) (1-10)

Math Workbook (Numbers Book- Iconic)

- Will be done according to the syllabus

Punjabi

ਅੱਖਰਾਂ ਦੀ ਪਹਿਚਾਣ (ਓ – ਹ)

DRAWING AND COLOURING

SHAPE-Square,Revision of Circle

COLOUR- Blue

CONCEPTUAL SKILLS

- Fat-Thin
- Wet-Dry

VALUE BASED EDUCATION

- Good Habits

E.V.S (Word picture book)

- Our Helpers (page no.33)

STORY

The Ant and the Grasshopper with Moral

GENERAL CONVERSATION (Word picture book)

- Festivals (page no.40)

COMPUTER

- What is Computer?

MUSIC

- Gurbani Shabad (Aad Sach Jugaad Sach)
- Rhythmic Clap – Lesson 1-4
- Waheguru Simran
- Mool Mantra
- Hindi Song (Lakdi ki Kathi)

DANCE

Introduction Semi Classical Basic Steps

1. Spins
2. Hand Movements
3. Leg Movements
4. Different Postures
5. Teej song and Drilling with song

PHYSICAL EDUCATION

1. Eye Hand Coordination
2. Snake Pose

MOTOR SKILLS

Fine Motor Skills – Watering Plants

Gross Motor Skills – Filling the Water Bottle

AUGUST

ENGLISH

Oral (My First Letters and Words Book – Kidzia)

- A-Z
- Picture Reading A to Z with phonetic sounds (Page nos.2-27)
- Phonetic sounds of A to Z will be revised

Written

- U, V, W, X,Y, Z
- Fill ups
- Circle the correct letter for the picture
- Dictation
- Write the correct letter for the picture
- Match the correct letter with the picture.

English Workbook (Capital Writing Activity Book- Vincent)

- Will be done according to the syllabus

RHYMES

- Ding Dong Bell
- Row, Row,Row, Your Boat

MATH

Oral 1 to 50

Written

- 31 to 50
- Fill ups
- Count and circle
- Count and match
- What comes after? (0-50)
- Back counting(10-0)
- Dictation
- What comes before? (0-10)
- Put the sign with pictures(>,<=) (1-10)

Math Workbook (Numbers Book- Iconic)

- Will be done according to the syllabus

Punjabi Revision (ੳ – ੳ)

DRAWING AND COLOURING

SHAPE-Square (Gift, Window, Dice)

COLOUR- Green

CONCEPTUAL SKILLS

- Heavy-Light

VALUE BASED EDUCATION

- Safety Rules

E.V.S (Word picture book)

- Seasons (page no.22)

STORY

The Ant and the Grasshopper with Moral

GENERAL CONVERSATION

- My School

COMPUTER

- Revision

MUSIC

- Gurbani Shabad (Poora Prabh Aradhya)
- Gurbani Shabad (Aad Sach Jugad Sach)
- Rhythmic Clap – Lesson 1-4
- Mool Mantra
- Hindi Song (Lakdi ki Kathi)

DANCE

- Dance On Independence Day Special Song
- Hand Postures

PHYSICAL EDUCATION

1. Boat Pose
2. One Leg Hop

MOTOR SKILLS

Fine Motor Skills – Peeling Peas/ Banana
Gross Motor Skills – Climbing the stairs

EVALUATION - 3

OCTOBER

ENGLISH

Oral (My First Letters and Words Book)

- A-Z
- Picture Reading A to Z with phonetic sounds
- Phonetic sounds of A to Z will be introduced

Written

- Sequence Writing (Aa-Ll)
 - Fill ups (a-l)
 - Dictation (Aa-Ll)
 - Match the uppercase letter with the lowercase letter
 - Write the correct letter for the picture (a-l)
 - Two Letter Words (Listed)
- ### English Workbook (Capital and Small Writing Book- Vincent)
- Will be done according to the syllabus

RHYMES

- Traffic Lights
- Bow wow says the Dog

MATH

Oral

- 1 to 70

Written

- 51 to 70
- Dictation
- What comes between?
- What comes after?
- Complete the series
- Count and Match
- Put the sign with numbers (>,<)(1-10)

Math Workbook (Numbers Book – Iconic)

- Will be done according to the syllabus

Punjabi

ਅੱਖਰਾਂ ਦੀ ਪਹਿਚਾਣ (ੳ – ਕ)

DRAWING AND COLOURING

SHAPE-Triangle, Revision of Circle and Square

COLOUR- White

CONCEPTUAL SKILLS

- Laugh- Cry

VALUE BASED EDUCATION

- Cleanliness of Classroom and Surroundings

E.V.S (Word picture book)

- Domestic and Wild Animals

STORY

The Monkey and the Cap seller with Moral

GENERAL CONVERSATION (Word picture book)

- Flowers (Page no.16 &17)

COMPUTER

- Parts of Computer

MUSIC

- Hindi Song (Nani Teri Morni)
- Gurbani Shabad (Poora Prabh Aradhya)
- Gurbani Shabad (Aad Sach Jugad Sach)
- Rhythmic Clap – Lesson 1-4
- Mool Mantra
- Hindi Song (Lakdi Ki Kathi)
- English Rhyme (Happy Birthday Song)

DANCE

Navratri Special :-

1. Dandiya (Gujrati Folk Dance)
2. How To Play with Dandiya Sticks, Song

PHYSICAL EDUCATION

1. Pick and Run
2. Kick the Cup with Ball

MOTOR SKILLS

Fine Motor Skills – Sorting

Gross Motor Skills – Walk on a zig zag line (balancing)

NOVEMBER

ENGLISH

Oral (My First Letters and Words Book- Kidzia)

- A-Z
- Picture Reading A to Z with phonetic sounds (Page nos. 2-27)
- Phonetic sounds of A to Z will be introduced

Written

- m-z
- Sequence Writing – Aa to Zz
- Fill ups (a-z)
- Write the correct letter for the picture
- Match the uppercase letter with the lowercase letter
- Dictation

English Workbook (Capital & Small Writing Book- Vincent)

- Will be done according to the syllabus

RHYMES

- Five Little Soldiers
- One, Two, Three, Four, Five

MATH

Oral : 1 to 80

Written

- 71 to 80
- Dictation
- Fill ups (1-80)
- What comes between?
- What comes after?
- Complete the Series
- Count and Write
- Put the sign with numbers (>,<)(1-10)

Math Workbook (Numbers book- Iconic)

- Will be done according to the syllabus

Punjabi

Revision (ੴ – ਕ)

DRAWING AND COLOURING

SHAPE-Triangle –(activities related to triangle : Hut, Pizza Slice, Cap)

COLOUR- Orange

CONCEPTUAL SKILLS

- Give - Take

VALUE BASED EDUCATION

- Sharing and Caring

E.V.S (Word picture book)

- Transport (page no. 20 & 21)

STORY

The Monkey and the Cap seller with Moral

GENERAL CONVERSATION (Word picture book)

- Indoor & Outdoor Games(page no.30 & 31)

COMPUTER

- Revision

MUSIC

- Revision

DANCE

- Revision

PHYSICAL EDUCATION

1. Cross Midline Exercises
2. Balance On Left Leg

MOTOR SKILLS

Fine Motor Skills – Treasure Hunt in sand pit
Gross Motor Skills – Kick the ball

EVALUATION - 4

JANUARY

ENGLISH

Oral (My First Letters and Words Book- Kidzia)

- A-Z
- Picture Reading A to Z with phonetic sounds
- Phonetic sounds of A to Z will be introduced

Reading

- Three Letter Words (with a,e,i,o,u Sound)

Written

- Sequence Writing Aa- Zz
- Three Letter Words (Eg: at, ap, am)
- Circle two objects that start with same letter
- Dictation (Three Letter words 'at', 'ap' and 'am' family words.)
- Circle the Vowels

English Workbook (Capital and Small Writing Activity Book)

- Will be done according to the syllabus

RHYMES

- Donkey- Donkey
- Rat-A-Tat-Tat

MATH

Oral

- 1 to 100

Written

- 1to100
- Dictation
- Back Counting (20-0)
- Fill ups
- Complete the series
- What comes Before? (0-20)
- What comes Between and After?(0-100)
- Count and Match

Put the sign (>,<,<=)(1-10)

Math Workbook (Numbers Book- Iconic)

- Will be done according to the syllabus

Punjabi

- ਅੱਖਰਾਂ ਦੀ ਪਹਿਚਾਣ ((ੳ - ਏ)

DRAWING AND COLOURING (Viva- Early Skills Drawing and Colouring)

SHAPE- Rectangle, triangle, circle

COLOUR- Pink

CONCEPTUAL SKILLS

- In-Out

VALUE BASED EDUCATION

- Honesty and truthfulness

E.V.S (Word Picture Book)

- Young Animals , Birds & their homes(page no.10 & 11)

E.V.S WORKBOOK (Environmental Studies Early Skills Workbook)

- Will be done according to the syllabus

STORY

Lazy John with Moral

GENERAL CONVERSATION (Word Picture Book)

- Electrical Appliances (page no.45)

MUSIC

- Hindi Song (Nani Teri Morni)
- GurbaniShabad (PooraPrabhAradhya)
- GurbaniShabad (AadSachJugadSach)
- Rhythmic Clap – Lesson 1-4
- Mool Mantra
- Hindi Song (Lakdi Ki Kathi)
- English Rhyme (Happy Birthday Song)

DANCE

- Dance On Republic Day Special song
- Revision

PHYSICAL EDUCATION

1. Frog Pose
2. Spin Around a circle five times

MOTOR SKILLS

Fine Motor Skills –Threading the beads (macroni/pasta)

Gross Motor Skills – Foot impression on sheets

FEBRUARY

ENGLISH

Oral (My First Letters and Words Book- Kidzia)

- A-Z
- Picture Reading A to Z with phonetic sounds
- Phonetic sounds of A to Z will be introduced

Reading

- Three Letter Words (with a,e,i,o,u Sound)

Written

- Three Letter Words (Eg: at, ap, am)
- Circle two objects that start with same letter
- Dictation (Three Letter words 'at', 'ap' and 'am' Family words.)

- Sequence writing Aa-Zz
- Look and Write
- Match it
- Fill ups

English Workbook (Capital and Small Writing Book- Vincent)

- Will be done according to the syllabus

RHYMES

- After School
- I Have A Little Frog

Math Oral

- 1 to 100

Written

- 81 to 100
- 1 to 100
- Dictation
- Fill ups (1-100)
- Back Counting (20-0)
- Complete the series (1-100)
- What comes Before? (0-20)
- What comes Between and After?(0-100)
- Count and Match
- Put the sign with Numbers (>,<=,<)

Math Workbook (Numbers Book- Iconic)

- Will be done according to the syllabus

Punjabi

Revision (ੴ – ੨)

DRAWING AND COLOURING (Viva- Early Skills Drawing and Colouring)

SHAPE- Rectangle (activities related to rectangle: envelope, bus, book)

COLOUR- Purple

CONCEPTUAL SKILLS

- Day – Night

VALUE BASED EDUCATION

- Revision

E.V.S (Word Picture Book)

- Places of Worship (page no.39)

E.V.S WORKBOOK (Early Skills Environmental Studies Book)

- Will be done according to the syllabus

STORY

Lazy John with moral

GENERAL CONVERSATION (Word Picture Book)

- Bathroom(page no.44)

GENERAL CONVERSATION WORKBOOK

- Will be done according to the syllabus

MUSIC

- Revision

DANCE

- Revision

PHYSICAL EDUCATION

1. Pick the ball without using hand
2. Walking on knees

MOTOR SKILLS

Fine Motor Skills – Button and Unbutton the shirt

Gross Motor Skills – Wearing socks and shoes

YOGA

YOGA PRAYER

YOGA GYAN MUDRA ASANA

YOGA DISCIPLINE

FULL BODY WARM UP

DIFFERENT VARIATIONS OF BUTTERFLY

HAPPY BABY POSE

STRETCHES

SUN BIRD POSE

RABBIT POSE

BOW POSE

CAMEL POSE

MOUNTAIN POSE

TAAD ASANA

FORWARD AND BACKWARD BENDING

THE SUN SOLUTION (SURYA NAMASKAR)

SUMO DIFFERENT VARIATIONS

GARLAND POSE

TREE POSE

NATRAJ ASANA (THE DANCING POSE) DIFFERENT POSES OF WARRIOR POSE

SPLIT POSE HANUMAN ASANA

FROG POSE

PIEGON POSE

CHAIR POSES

LOTUS POSE

BRIDGE POSE

WHEEL POSE

PRANAYAMA BREATHING EXERCISE

BASIC MEDITATION FOR KIDS