

# ATHLETICS

## (BOYS'' & GIRLS'')

1. The meet shall be conducted according to the rules of Athletic Federation of India, with required modifications if necessary.
2. Every school will be entitled to enter only one athlete in each event, except in relay races where a team of maximum five athletes can be entered.
3. The various age categories and list of events in which competition will be held:-

Under 14 Years		Under 17 years		Under 19 Years	
Boys	Girls	Boys	Girls	Boys	Girls
100 M	100 M	100 M	100 M	100 M	100 M
		200 M	200 M	200 M	200 M
400 M	400 M	400 M	400 M	400 M	400 M
800 M	800 M	800 M	800 M	800 M	800 M
4 X 100 M Relay	4 X 100 M Relay	1500 M	1500 M	1500 M	1500 M
		3000 M	4 X 100 M Relay	5000 M	3000 M
Long Jump	Long Jump	4 X 100 M Relay	4 X 400 M Relay	4 X 100 M Relay	4 X 100 M Relay
		4 X 400 M Relay	Long Jump	4 X 400 M Relay	4 X 400 M Relay
Shot Put 4 Kgs	Shot Put 3 Kgs	Long Jump	High Jump	Long Jump	Long Jump
		High Jump	Shot Put 3 Kgs	High Jump	High Jump
		Triple Jump	Discus Throw 1 Kg	Triple Jump	Triple Jump
		Shot Put 5 Kgs	Javelin Throw 500 Gms	Shot Put 6 Kgs	Shot Put 4 Kgs
		Discus Throw 1.5 Kgs		Discus Throw 1.75 Kgs	Discus Throw 1 Kgs
		Javelin Throw 700 Gms		Javelin Throw 800 Gms	Javelin Throw 600 Gms

**NOTE:** Weight of all the equipment's shall be carefully checked before hand and signed by the Organizing secretary.

4. An athlete can participate in maximum two individual events and in relay.
5. Only online entries are accepted. On the spot entry / changes will not be permitted.
6. The athletes winning first at Cluster level shall qualify to take part in National level Athletic Meet. However, in relays, only the first position winning team from each Cluster will be allowed to participate in Nationals.
7. In a particular event, if the number of athletes is less than four; but they are from different Institutions, it may be conducted. The winners may be awarded the medals and the merit certificate, but, they may not be awarded the points so as to be included for the Team Championship. However, their points will be considered for individual championship.
8. In case of relays, all the five members of the team (if five names are given before the meet in the eligibility Performa and all five have attended the meet) irrespective of who runs the finals, shall be awarded the Medals and Certificates.
9. **In relays, only a single school team will be allowed to participate.**
10. The Overall Championship separately in boys and girls sections in all the age groups may be decided. The points shall be awarded according to the following system:-

<b>Position</b>	<b>Individual Events</b>	<b>Team Events (Relays)</b>
1 <sup>st</sup> Place	07	14
2 <sup>nd</sup> Place	05	10
3 <sup>rd</sup> Place	04	08
4 <sup>th</sup> Place	03	06
5 <sup>th</sup> Place	02	04

11. The Merit Certificates shall be awarded only up to 3<sup>rd</sup> position. However Participation Certificates will be awarded to all those who actually take part in Cluster level as the case may be.
12. A separate prize may be given to the Individual Champion in Boys and Girls section, in all the age categories.
13. The individual Champion (Best athlete) in any age group will be awarded only to one athlete on the basis of performance/points as per the AFI Scoring Table.
14. A prize may be given to the school scoring total maximum points (total points in all the age groups in Boys" & Girls" categories) and may be declared as over-all Champion.