

GURU NANAK PUBLIC SCHOOL, SARABHA NAGAR, LUDHIANA
CLASS – UKG CURRICULUM (2025-26)

APRIL

ENGLISH

Oral (Little Steps English C)

- Revision of A-Z (Pg no 10 to 23)
- Revision of vowels (a, e, i, o, u)
- Reading of Phonic sounds with vowel ‘a’ pg-24

Written

- Aa- Zz (uppercase and lowercase)
- Look and write (Three letter words)
- Circle the correct word
- **Sight words- am, an, as, at, in**

SPEAKING ACTIVITY

- **Show And Tell - My Favourite Fruit**

RHYMES

- The Little Bird
- Hush-A-Bye Baby
- Pretty Balloons

EVS (Around Us B)

My Family pg.no. 4

CONVERSATION (Around Us B)

- Parts of our body pg.no.3

STORY

The Lion And The Cows

DRAWING

- Tree
- Hut

MATH WRITTEN

- 1-100
- What comes before? (0-20)
- What comes after? (0-20)
- Count by 10s
- Backward Counting (20-0)

MATH ORAL

1-100

MATH WORKBOOK (Viva-Early Skills Number Workbook)

Will be done according to the syllabus

MUSIC

- Waheguru simran
- Mool Mantra
- Tideo (English rhyme)
- Rhythmic clapping lesson (1-4)

PHYSICAL EDUCATION

- Stand at ease/ Attention
- Upper body exercises

DANCE

Basic steps

1. Bounce
2. In & Out
3. Circle
4. Thumka with clap
5. Twisting with clap
6. Free Style dance

ENGLISH Oral (Little Steps English C)

- Reading of New words with vowel 'a' Pg no 25

Written

- Dictation (Three Letter Words)
- Right (✓)/ wrong(✗)
- Write the vowels
- **Sight words – is , of, to, if , on**

RHYMES

- Listen to my band
- Little Bo Peep

EVS (Around Us B)

- Grow Good Habits pg no 24
- Living Healthy pg no 25

CONVERSATION (Around Us B)

- Fun At School In My Classroom pg no 15

STORY

- The Lion And The Cows

DRAWING

- Sun
- Boat
- Mountains

MATH WRITTEN

- Random Counting 1-100
- Number names (0-5)
- What comes after? (0-50)
- Complete the series (0-50)
- Backward Counting (30-0)

MATH ORAL

1-100

MATH WORKBOOK (Viva-Early Skills Number Workbook)

Will be done according to the syllabus

MUSIC

- GurbaniShabad (Poora prabh aradheya)
- Waheguru simran
- Mool Mantra
- Happy Birthday (English rhyme)
- Rhythmic clapping lesson(1-4)

PHYSICAL EDUCATION

- Jumping jacks • Hand and eye coordination

DANCE

Basic steps:-

1. Bounce
2. In & Out
3. Circle
4. Thumka with clap
5. Own style dance

JULY

ENGLISH Oral (Little Steps English C)

- Reading of New words with vowel 'e' and reading of sentences with 'a' sound and 'e' sound
pgs 26,27,28,29
- Dictation (Three letter words)
- Match it
- Look and write
- Use of a/an (pg. No. 60, 61)
- Make new words
- Names of animals
- Fill the correct vowel
- Punctuation – Capital letters and full stop
- Sight words – or, no, go, he, she, the, my

Introduction of cursive **writing (c, a, d, g, o, q, l, t, e, b, f, p, k, h)**

SPEAKING ACTIVITY

- **Show And Tell - My Favourite Toy**

RHYMES

- It's Raining, It's Pouring
- Vegetables
- Good Manners

EVS (Around Us)

- Homes of Interesting Animals pg no 10
- Useful Animals pg.no.8
- Animal of Jungle pg no 9

CONVERSATION (Around Us)

- Vegetables In The Kitchen pg.no. 6
- Fruits I Eat pg no 7

STORY

- The Shepherd Boy

DRAWING Landscape

MATH WRITTEN

- Number names 6 to 10 & revision of 0 to 5
- Complete the series (0-100)
- What comes after? (0-80)
- What comes in between? (0-80)
- One more than(0-20)
- Table of 10
- Draw and label shapes- horizontal/vertical line

MATH ORAL

- Table of 10
- 1-100

MATH WORKBOOK (Viva-Early Skills Number Workbook)

Will be done according to the syllabus

MUSIC

- Gurbani Shabad (aad sach jugad sach)
- Hindi song(lakri ki kaathi)
- Mool Mantra
- Happy Birthday (English rhyme)
- Rhythmic clapping lesson(1-4)

PHYSICAL EDUCATION

- Forward fold
- Cobra pose

DANCE

Introduction about semi-classical basic steps

- Hand movements
- Legs Movements
- Different postures

AUGUST

ENGLISH Oral (Little Steps English C)

- Reading of new words and sentences with vowel 'i' Pg. no 30,31,32

Written

- Dictation of three letter words (with 'a', 'e', 'i' sounds)
- Look and write
- Parts of body
- Prepositions (on, in, under)
- Cursive writing (i, j, m, n, r, s, u, v, w, x, y, z)
- **Sight words – me, we, up, us**

RHYMES

- A Tisket, A Tasket
- Come to School

EVS (Around Us)

- Young Animals pg.no. 11
- Animal of Water pg.no.12
- Sounds That Animals Make pg no 13

CONVERSATION (Around Us)

- Food We Eat pg.no 20

STORY

- The Shepherd Boy

DRAWING

- Landscape

MATH WRITTEN

- Number names 0 to 10
- Count, add and write
- Back counting (40-0)
- What comes before? (0-30)
- What comes after? (0-100)
- What comes in between? (0-100)
- Addition Sums (Single digit: +0, +1)

MATH ORAL

- Table of 10
- 1-100

MATH WORKBOOK (Viva-Early Skills Number Workbook)

Will be done according to the syllabus

MUSIC

- Gurbani Shabad (Poora prabh aradheya)
- Gurbani shabad (Aad Sach Jugad sach)
- Mool Mantra
- Happy Birthday (English rhyme)
- Rhythmic clapping lesson (1-4)

PHYSICAL EDUCATION

- Zig zag run • Shark pose

DANCE

1. Dance on any patriotic song
2. Dance on western beats

OCTOBER

ENGLISH Oral (Little Steps English C)

- Reading of new words and sentences with vowel 'O' pg.no 34,35,36

Written

- Dictation of three letter words
- Look and write
- Names of fruits
- Picture writing(find and write words from the picture)
- Jumbled words
- Punctuation – Capital letters and full stop
- Sight words – you, and , this, that, now, with

SPEAKING ACTIVITY

Show And Tell - My Favourite Game

RHYMES

- Lollipop
- Tiny Tim
- The Book

EVS (Around Us)

- Vehicles We Ride pg no 21
- Beside The Sea pg no 18

CONVERSATION (Around Us)

- Festivals of India pg 29
- Some Indoor Games pg.no 26
- Some Outdoor Games pg no 27

STORY

- Masha And The Bear

DRAWING

- Christmas Scene

MATH WRITTEN

- Less, Greater, Equal $>$, $<$, $=$ (0-50)
- Number names 11 to 15
- Count by 5s
- Table of 5
- Back counting (50-0)
- Addition Sums
- Drawing and label shapes – circle and a triangle (free hand)

MATH ORAL

- Table of 5
- 1-100

MATH WORKBOOK (Viva-Early Skills Number Workbook)

Will be done according to the syllabus

MUSIC

- GurbaniShabad (Pooraprabharadheya)
- Gurbanishabad (Aadsachjugadsach)
- Mool Mantra
- Happy Birthday (English rhyme)
- Jingle bell (English rhyme)
- Rhythmic clapping lesson(1-4)

PHYSICAL EDUCATION

- Pick the ball without using hand
- Walk on knees

DANCE

- Navratra special Dandiya (Gujrati folk Dance)
- How to play with dandiya sticks
- Song

NOVEMBER

ENGLISH

Oral (Little Steps English C)

- Reading of new words and sentences with vowel 'u' pg.no 38,39,40,41,42

Written

- One- Many pg no 70,71
- Names of colours
- Who am I (Related to Animals)
- Helping Verbs – is / am/ are
- **Sight words – all, has, have, had**

RHYMES

- I'm Little Santa
- Who Am I

EVS (Around Us)

- The Railway Station pg no 17

CONVERSATION (Around Us B)

- The Birthday Party pg no 16

STORY: Masha And The Bear

DRAWING • Christmas Scene

MATH WRITTEN

- What comes after? (0-100)
- What comes before?(0-50)
- Number names 0 to 20
- What comes in between? (0-100)
- Subtraction Sums (-0, -1)
- Less, Greater, Equal $>$, $<$, $=$ (0-50)

MATH ORAL

- Table of 5
- 1-100

MATH WORKBOOK (Viva-Early Skills Number Workbook)

Will be done according to the syllabus

MUSIC Revision

PHYSICAL EDUCATION

- Twisting
- Butterfly Pose

DANCE Revision

JANUARY

ENGLISH Oral (Little Steps English C)

- Reading of sentences pg.no 26,28,32,36,39,45,46,47

Written

- Question /Answer (using This and That)
- Myself (In fill ups form)
- Names of vegetables
- Opposites pg no 53 to 56,99,100
- Rhyming words pg no 57
- **Sight words – what, when, now, him, her**

SPEAKING ACTIVITY

- Show And Tell - My Favourite Person

RHYMES

- Squirrel
- Out in the Garden
- A Toothbrush

EVS (Around Us B)

- Fascinating Flowers Pg.no 5
- The Hospital pg no 19

CONVERSATION (Around Us B)

- People Who Help Us pg no 22,23

STORY

- The little Red Hen

DRAWING

- Kite Flying Scene

MATH WRITTEN

- Count by 2s
- Number names (0-20)
- Less, Greater, Equal $>$, $<$, $=$ (0-100)
- Table of 2
- Draw and label shapes- rectangle and square

MATH ORAL

- Table of 2
- 1-100

MATH WORKBOOK (Viva-Early Skills Number Workbook)

- Will be done according to the syllabus

MUSIC

- Gurbani Shabad (Poora prabh aradheya)
- Gurbani Shabad (Aad sach jugad sach)
- Mool Mantra
- Happy Birthday (English rhyme)
- Jingle bell (English rhyme)
- Hindi song (nani teri morni)
- Hindi song (lakri ki kathi)
- Rhythmic clapping lesson(1-4)

PHYSICAL EDUCATION

- Toe Touch
- Balance on right leg for 10 second

DANCE

- Dance on Republic day special song

FEBRUARY

ENGLISH

Oral (Little Steps English C)

- Action words

Written

- Choose the correct Opposites

- Days of the Week
- Comprehension
- Dictation

RHYMES

- First The Seed
- Boys and Girls

EVS (Around Us B)

- Beautiful Birds pg no 14

CONVERSATION (Around Us B)

- Various Sources and Uses of Water pg no 28

STORY: The Little Red Hen

DRAWING Revision

MATH WRITTEN

- Sums (+, -)
- Dodging Tables (2,5,10)
- Draw and label shapes- circle, rectangle, square, triangle, lines (horizontal, vertical)

MATH ORAL

- Table of 2
- 1-100

MATH WORKBOOK (Viva-Early Skills Number Workbook)

- Will be done according to the syllabus

MUSIC

- Revision

PHYSICAL EDUCATION

- Frog pose
- Spin around a circle 5 times

DANCE Revision

YOGA

YOGA PRAYER

YOGA GYAN MUDRA ASANA

YOGA DISCIPLINE

FULL BODY WARM UP

DIFFERENT VARIATIONS OF BUTTERFLY

HAPPY BABY POSE

STRETCHES

SUN BIRD POSE

RABBIT POSE

BOW POSE

CAMEL POSE

MOUNTAIN POSE

TAAD ASANA

FORWARD AND BACKWARD BENDING

THE SUN SOLUTION (SURYA NAMASKAR)

SUMO DIFFERENT VARIATIONS

GARLAND POSE

TREE POSE

NATRAJ ASANA (THE DANCING POSE) DIFFERENT POSES OF WARRIOR POSE

SPLIT POSE HANUMAN ASANA

FROG POSE

PIEGON POSE

CHAIR POSES

LOTUS POSE

BRIDGE POSE

WHEEL POSE

PRANAYAMA BREATHING EXERCISE

BASIC MEDITATION FOR KIDS