

GURU NANAK PUBLIC SCHOOL, SARABHA NAGAR, LUDHIANA
CURRICULUM (2024-25)
CLASS- VI

ENGLISH

Month	Literature	Functional Grammar	Integrated Grammar	Writing Skills	Internal Assessment Activities
April	1.The Pink Card 2. Leisure (Poem)	Nouns Pronouns Adjectives Articles	Editing Re-arrange Gap Filling	Application Notice (Competition Excursion)	Text book reading a. Newspaper Reading
May	3.The Turkish Cap 4. The Pedlar's Caravan	Verbs Adverbs Prepositions Conjunctions	Integrated Grammar Practice	Article	Spell Bee Test
Unit Test I Lessons-1,2,4,3					
July	5.Daddy Takes Us to the Garden 6.The Pit	Tenses	Dialogue Completion	Descriptive Paragraph (Place)	Listening Skill Test
August	7. Ladies and Gentleman (Poem)	Sentences Sentences Patterns Voice Active&Passive Tenses (PerfectContinuous)	Process Writing	Informal Letter	Speaking Skills Test
September	Half Yearly Examination				
October	8. Young Vivekananda 9. Dear Mrs Naidu	Voice Direct and Indirect Speech Synonyms		Diary Entry	Reading Skills Test (Comprehensions on passage)
November	10. It Couldn't Be Done (Poem) 11. Queen of the World	Interjections Direct and Indirect Speech (Continued) Antonyms	Reported Speech	Story Writing	Listening Skills Test
December	Unit Test II Lessons - 8,9,10, 11				
January	12. Geography Lesson 13. The Story of Ali Cogia	Capital Letters and Punctuation		Speech	Speaking Skill
February	14. The Sower (Poem) 15. The Paradise of Children	Integrated Grammar Exercises			Spell Bee
March	Final Examination				

NOTE:

- Functional Grammar Test will be conducted twice a year.(August and February)
- All assignments to be completed by the due date in Practice Notebook.

HINDI

MONTH	CHAPTER	GRAMMAR	ACTIVITIES
APRIL	पाठ-1 नीम (कविता) पाठ-3 परी का वरदान	पाठ- 1 भाषा पर्यायवाची शब्द (1-16) विलोम शब्द (1-15) अनुच्छेद – हमारा पुस्तकालय	वृक्षारोपण समारोह पर एक सुंदर पोस्टर बनाइए। पृथ्वी की सुरक्षा से संबंधित स्लोगन भी लिखिए।
MAY	पाठ-2 परोपकारी पेड़ (वाचन)	पाठ-5 संज्ञा पत्र- बहन की शादी के अवसर पर चार दिन के अवकाश के लिए प्रधानाचार्य को पत्र	
JULY	पाठ- 4 पर्यावरण बचाओ अभियान (कविता) पाठ- 5 सच्चे मित्र	अनेक शब्दों के लिए एक शब्द (1-13) पाठ – 8 सर्वनाम पाठ-14 मुहावरे (1-10) पत्र- शुल्क (फ़ीस)माफ़ी के लिए प्रधानाचार्य को पत्र	'मित्रता बड़ा अनमोल रत्न' विषय पर सचित्र कविता लिखो।
AUGUST	पाठ-7 चतुर तेनालीराम	पाठ – 6 लिंग(1-14) पाठ-7 वचन(1-15) पाठ-12 विराम चिह्न अपठित गद्यांश	

		चित्र वर्णन	
SEPTEMBER	FIRST TERM EXAMINATION		

OCTOBER	पाठ-8 हमारी नाव चली (कविता) पाठ-9 लालची भाई	पाठ- 10 क्रिया पाठ-9 विशेषण पाठ- 13 अशुद्धि शोधन संवाद लेखन	दो वैज्ञानिकों द्वारा किए गए आविष्कारों के चित्र लगाकर उनके बारे में लिखिए।
OCTOBER	पाठ-8 हमारी नाव चली (कविता) पाठ-9 लालची भाई	पाठ- 10 क्रिया पाठ-9 विशेषण पाठ- 13 अशुद्धि शोधन संवाद लेखन	दो वैज्ञानिकों द्वारा किए गए आविष्कारों के चित्र लगाकर उनके बारे में लिखिए।
NOVEMBER	पाठ- 10 कहानी की कहानी	अनुच्छेद- क्रिसमस पर्यायवाची शब्द(17-32) विलोम शब्द(16-30) पाठ – 6 लिंग(15-27) पाठ-7 वचन(16-30) पत्र- खेलकूद प्रतियोगिता में पुरस्कार मिलने पर मित्र को बधाई पत्र	
DECEMBER	पाठ-11 बच्चो ने राह दिखाई (वाचन)	मुहावरे (11-20) अनेक शब्दों के लिए एक शब्द(14-26) पत्र- यात्रा का वर्णन करते हुए पिता जी को पत्र	'स्वच्छ भारत स्वस्थ भारत पर' एक पोस्टर बनाओ।
JANUARY	पाठ-12 इतनी शक्ति	चित्र वर्णन	

	हमें देना दाता (कविता) पाठ-13 सफल खिलाडी	अनुच्छेद-फुटबॉल अपठित गद्यांश	
FEBRUARY MARCH	REVISION FINAL EXAMINATION		

PUNJABI

Month	Literature	Grammar	Activity
April	ਪਾਠ-1 ਜਿਉਂਦੇ ਭਗਵਾਨ ਪਾਠ-2 ਅਕਲ ਦੀ ਜਿੱਤ	ਮੁਹਾਵਰੇ 1-10, ਬਹੁਤੇ ਸ਼ਬਦਾਂ ਲਈ ਇੱਕ ਸ਼ਬਦ 1-10 , ਵਿਰੋਧੀ ਸ਼ਬਦ Pg-96 (line-1), ਸੁੱਧ ਕਰੋ (Pg-78), ਲੇਖ - ਸਹੀਦ ਭਗਤ ਸਿੰਘ, ਆਪਣੇ ਸਕੂਲ ਦੇ ਪ੍ਰਿੰਸੀਪਲ ਜੀ ਨੂੰ ਫੀਸ ਮੁਆਫੀ ਲਈ ਅਰਜ਼ੀ , ਅਣਡਿੱਠਾ ਪੈਰਾ, ਕਾਲ ਅਤੇ ਕਿਸਮਾਂ (with b.ex.)	Listening Skill
May	ਪਾਠ-3 ਸ੍ਰੀ ਗੁਰੂ ਤੇਗ ਬਹਾਦਰ ਜੀ ਪਾਠ-4 ਮੈਂ ਪੁਸਤਕ ਅਨਮੋਲ	ਲਿੰਗ ਬਦਲੋ Pg- 33 (full) , ਵਚਨ ਬਦਲੋ Pg -41 (line-1) , ਸਮਾਨਅਰਥਕ ਸ਼ਬਦ 1-10 , ਲੇਖ -ਰੁੱਖਾਂ ਦੇ ਲਾਭ , ਪਿਤਾ ਜੀ ਤੋਂ ਪੈਸੇ ਮੰਗਵਾਉਣ ਲਈ ਪੱਤਰ, ਕਹਾਣੀ ਪੂਰੀ ਕਰੋ , ਦ੍ਰਿਸ਼ ਚਿਤਰਨ	
May Unit Test	Literature-ਪਾਠ 1,2,3 Grammar ਮੁਹਾਵਰੇ, ਬਹੁਤੇ ਸ਼ਬਦਾਂ ਲਈ ਇੱਕ ਸ਼ਬਦ , ਵਿਰੋਧੀ ਸ਼ਬਦ, ਸੁੱਧ ਕਰੋ, ਲਿੰਗ ਬਦਲੋ, ਵਚਨ ਬਦਲੋ, ਸਮਾਨਅਰਥਕ ਸ਼ਬਦ, ਫੀਸ ਮੁਆਫੀ ਲਈ ਅਰਜ਼ੀ , ਪਿਤਾ ਜੀ ਤੋਂ ਪੈਸੇ ਮੰਗਵਾਉਣ ਲਈ ਪੱਤਰ, ਕਹਾਣੀ ਪੂਰੀ ਕਰੋ ,ਅਣਡਿੱਠਾ ਪੈਰਾ, ਦ੍ਰਿਸ਼ ਚਿਤਰਨ .		
July	ਪਾਠ-5 ਮੈਂ ਪਾਇਲਟ ਬਣਾਂਗੀ ਪਾਠ -6 ਬਾਬੇ ਦਾ ਪੁੱਤਰ	ਮੁਹਾਵਰੇ 11-20, ਬਹੁਤੇ ਸ਼ਬਦਾਂ ਲਈ ਇੱਕ ਸ਼ਬਦ 11-20, ਸੁੱਧ ਕਰੋ -(Pg- 79), ਭੈਣ/ ਭਰਾ ਦੇ ਵਿਆਹ ਤੇ ਛੁੱਟੀ ਲੈਣ ਲਈ ਅਰਜ਼ੀ , ਅਣਡਿੱਠਾ ਪੈਰਾ , ਖੇਡਾਂ ਦਾ ਮਹੱਤਵ	Reading
August	ਪਾਠ- 7 ਵਿਹਲਾ ਪਾਠ- 8 ਪਾਣੀ ਬਚਾਓ , ਜੀਵਨ ਬਚਾਓ	ਨਾਂਵ ਅਤੇ ਇਸ ਦੀਆਂ ਕਿਸਮਾਂ(with b.ex.), ਵਚਨ ਬਦਲੋ pg.41(line- 2), ਕਹਾਣੀ ਪੂਰੀ ਕਰੋ , ਅਣਡਿੱਠਾ ਪੈਰਾ, ਦ੍ਰਿਸ਼ - ਚਿਤਰਨ , ਲੇਖ - ਪੰਦਰਾਂ ਅਗਸਤ , ਹਾਂ ਵਾਚਕ ਨਾਂਹ ਵਾਚਕ ਵਾਕ	
September	1stTerm Examination Full Syllabus From April to August		
October	ਪਾਠ -9 ਜਿਉਣਾ ਜੰਗਲੀ ਗੁਲਾਬ ਦਾ ਪਾਠ -10 ਕੀੜੀ	ਮੁਹਾਵਰੇ (21-30) , ਬਹੁਤੇ ਸ਼ਬਦਾਂ ਲਈ ਇੱਕ ਸ਼ਬਦ (21-30) , ਵਚਨ ਬਦਲੋ Pg-44 (full) , ਸੁੱਧ ਕਰੋ - pg.80 , ਲੇਖ - ਦੁਸਹਿਰਾ , ਐੱਸ.ਐੱਚ.ਓ. ਨੂੰ ਚੇਰੀ ਦੀ ਰਿਪੋਰਟ ਲਿਖਵਾਉਣ ਲਈ ਪੱਤਰ, ਅਣਡਿੱਠਾ ਪੈਰਾ	Writing Skill

November	ਪਾਠ-11 ਸੁੰਢ ਤੇ ਹਲਦੀ ਪਾਠ-12 ਕੀ ਤੁਸੀਂ ਪੜ੍ਹੋ- ਲਿਖੋ ਹੋ?	ਲਿੰਗ ਬਦਲੇ Pg-36 (full), ਵਿਰੋਧੀ ਸ਼ਬਦ Pg- 96 (line-2) , ਚਿਤਰ- ਵਰਨਣ ,ਲੇਖ- ਸ੍ਰੀ ਗੁਰੂ ਨਾਨਕ ਦੇਵ ਜੀ ਕਹਾਣੀ ਪੂਰੀ ਕਰੋ , ਕਿਰਿਆ ਅਤੇ ਇਸ ਦੀਆਂ ਕਿਸਮਾਂ (with b.ex.)	
December	ਪਾਠ-13 ਚਿੜੀਆਂ ਕਿੱਥੇ ਗਈਆਂ ਪਾਠ -14 ਪੰਜਾਬ ਦੇ ਮੇਲੇ	ਮੁਹਾਵਰੇ (31-40) ,ਬਹੁਤੇ ਸ਼ਬਦਾਂ ਲਈ ਇੱਕ ਸ਼ਬਦ Pg-31-40, ਲੇਖ- ਕੰਪਿਊਟਰ , ਸਮਾਨਅਰਥਕ ਸ਼ਬਦ 11- 20, ਨਗਰ ਪਾਲਿਕਾ ਦੇ ਪ੍ਰਧਾਨ ਨੂੰ ਮੁਹੱਲੇ ਦੀ ਸਫ਼ਾਈ ਲਈ ਪੱਤਰ ,ਅਣਡਿੱਠਾ ਪੈਰਾ	Recitation (Learn any poem)
Dec. unit test	Literature ਪਾਠ 9,10,11 Grammar ਮੁਹਾਵਰੇ , ਬਹੁਤੇ ਸ਼ਬਦਾਂ ਲਈ ਇੱਕ ਸ਼ਬਦ , ਵਚਨ ਬਦਲੇ, ਲਿੰਗ ਬਦਲੇ, ਸੁੱਧ ਕਰੋ, ਵਿਰੋਧੀ ਸ਼ਬਦ , ਕਹਾਣੀ ਪੂਰੀ ਕਰੋ , ਅਣਡਿੱਠਾ ਪੈਰਾ, ਚਿਤਰ- ਵਰਨਣ , ਚੋਰੀ ਦੀ ਰਿਪੋਰਟ ਲਿਖਵਾਉਣ ਲਈ ਪੱਤਰ, ਮੁਹੱਲੇ ਦੀ ਸਫ਼ਾਈ ਲਈ ਪੱਤਰ।		
January	ਪਾਠ-15 ਸੱਕ ਪਾਠ -16 ਮਦਦ	ਪੜਨਾਵ ਤੇ ਇਸ ਦੀਆਂ ਕਿਸਮਾਂ (with b.ex.) , ਲੇਖ- ਹਰਿਮੰਦਰ ਸਾਹਿਬ, ਬਹੁ ਅਰਥਕ ਸ਼ਬਦ (6-10) , ਕਹਾਣੀ ਪੂਰੀ ਕਰੋ , ਸੁੱਧ ਕਰੋ pg.81	
February	Revision		
March	2nd Term Examination Full Syllabus From October to January		

MATHEMATICS

MONTH	CHAPTERS	ACTIVITIES	SYLLABUS
April	Ch-1 Knowing our Numbers Ch-2 Whole Numbers	Activity 1	
May	Ch-4 Basic Geometrical Ideas		Unit Test 1 Ch - 1,2,4
June		Activity-2	
July	CH-3Playing with numbers Ch -6 Integers		
August	Ch-5 Understanding Elementary Shapes Ch-11 Algebra		
September	Revision + Mid-term Examination		Ch-1,2,3,4,5,6,11
October	Ch-7 Fractions Ch-9 Data Handling	Activity-3	
November	Ch-12 Ratio and Proportion		
December	Revision and unit test	Activity -4	Ch -7, 9,12
January	Ch-8 Decimals		
February	Ch- 10 Mensuration		
March	Revision & Final Examination		Ch-7, 8,9,10,12

SOCIAL STUDIES

MONTH	CHAPTER	ACTIVITY/EVALUATION
TERM – 1(April – September)		
APRIL	History L-1 What, Where, How and When? Civics L-1 Understanding Diversity Geography L- 1 The Earth in the Solar System	<ul style="list-style-type: none"> • Draw a diagram of Solar system. • Draw a table showing diversity in India It should include different festivals, foods, dresses, religions etc.)
MAY	History L- 2 From Hunting-Gathering to Growing Food Civics L-2 Diversity and Discrimination	Periodic Test-1
JUNE	SUMMER BREAK	
JULY	History L- 3 In the Earliest cities L-5 Kingdoms, Kings And An Early Republic (Only for Activity work) Civics L-3 What is Government? Geography L- 2 Globe- Latitudes And Longitudes	<ul style="list-style-type: none"> • Prepare a flow chart showing the different Varnas in the society.
AUGUST	Geography L- 3 Motions of The Earth CIVICS L-4 Panchayati Raj NOTE; History Ch-4 [Deleted]	Map Work <ul style="list-style-type: none"> • <u>Neighboring Countries:</u> Pakistan, Nepal, Sri Lanka, Bhutan, China, Myanmar, Bangladesh • <u>Island groups</u> Lakshadweep islands, Andaman & Nicobar Islands
SEPTEMBER		I Terminal Examination
TERM – 2 (October – March)		
OCTOBER	History L- 6 New Questions and Ideas Civics L-5 Rural Administration Geography L-4 Maps	<ul style="list-style-type: none"> • Write 5 teachings of Lord Buddha and Lord Mahavira, which you think can be significant in today's time.
NOVEMBER	History L- 7 From a Kingdom to an Empire Civics L- 6 Urban Administration Geography L- 5 Major Domains of the Earth	<ul style="list-style-type: none"> • Activity on Pg-44,45 of Geography Book (activities done in rural areas.Chapter-6)
DECEMBER		Periodic Test - 2

JANUARY	History L- 8 Villages, Towns and Trade Civics L-7 Rural Livelihoods (Only for Activity work) L- 8 Urban livelihoods Geography L- 6 Our Country India	<ul style="list-style-type: none"> • Paste pictures of different types of activities done in rural areas.
FEBRUARY	History L- 9 New Empires and kingdoms (Only for Activity work) L-10 Buildings, Paintings and Books [For Activity]	<ul style="list-style-type: none"> • Give a brief description about the ruling dynasties in South India about 1400 years ago. <p>Map Work (Political Map of India)</p> <ul style="list-style-type: none"> • <u>Water Bodies:</u> Bay of Bengal, Arabian Sea, Indian Ocean • <u>States of India</u> Delhi, Rajasthan, Uttar Pradesh, Maharashtra, Jammu & Kashmir, Punjab, Chhattisgarh, Odisha
MARCH		FINAL EXAMINATION

SCIENCE

MONTH	CHAPTERS	ACTIVITIES/ PROJECTS
APRIL	Chapter 1 Components of Food Chapter 2 Sorting Materials into Groups	To perform the test for starch, proteins and fat with a given food sample. (Lab visit)
MAY	Chapter 7 Motion & Measurement of Distances	Paste pictures of different kinds of motion.
JUNE	Holidays Homework	
JULY	Chapter 5 Body Movements. Chapter 11 Air Around Us.	To show different parts of skeleton (Lab visit) Slogan on Air Pollution
AUGUST	Chapter 9 Electricity and Circuits.	To draw different elements of electric circuit
SEPTEMBER	Half Yearly Examination	
OCTOBER	Chapter 4 Getting to Know Plants Chapter 3 Separation of Substances.	Make a 3d model on Different parts of a flower To perform experiments on different processes (Lab visit)
NOVEMBER	Chapter 8 Light , Shadows and Reflections	Project- Making of solar and lunar eclipse using waste materials
DECEMBER	Examination	
JANUARY	Chapter 6 The Living Organisms - Characteristics & Habitat.	To make an album of different habitats
FEBRUARY	Chapter 10 Fun with Magnets	To draw different shapes of magnets
MARCH	Final Examination	

DIVINITY

MONTH	CHAPTERS	GENERAL WORK ORAL	
April	Ch-1 – Sri Guru Harkrishan Ji Ch-2 Summons by Aurangzeb (only for Reading)	General Work – Four Sahibzadas Great Sikh Women	Oral Bani – Chaupai Sahib 1-16 Pauries
May	Ch-3 – At Delhi	5k's (in Punjabi) Three Golden Rules (in Punjabi)	
July	Ch -4 Search for the Ninth Guru	Jaikara, Fateh, General Blanks	Ardaas
August	Ch-5- Sri Guru Teg Bahadar Ji Ch-6- Kashmiri Brahmins and their Appeal	Writers of Bani's – Japji Sahib, Anand Sahib, Jaap Sahib, Asa Di Vaar, Sukhmani Sahib	
September	First Term Exam		
October	Ch-7- A Unique Sacrifice	General work – Same as Term-1	Oral Bani – Chaupai Sahib 17-29 Pauries
November	Ch-8- Sri Guru Gobind Singh ji Ch-9- Creation of the Khalsa		Ardaas
December	Ch-10- Martyrdom of Elder Sahibzadas	Revision of General Work	
January	Ch- 11 Martyrdom of Younger Sahibzadas , Ch-12- Guruship to Sri Guru Granth Sahib ji . (Only for reading)		Revision – Chaupai Sahib
February	Revision of Full Syllabus (October to January)and Exam.		

COMPUTER SCIENCE

Month	Topic/Unit/Chapter	Activities/Practical/Projects etc.
APRIL	Ch 9 - Introduction to HTML5	Lab Session - Pg. 124
MAY	Ch 1 - Computational Thinking	Draw Flow Chart on Pg. 12 in MS Word
JULY	Ch 2 - More on PowerPoint	Lab Session - Pg. 29, 30
AUG	Ch 3 - Animating Text and Object	Lab Session - Pg. 40, 41
Ch - 8 Introduction to Python (Excluded)		
SEP	Half Yearly Examination (Ch - 1, 2, 3 & 9)	
OCT	Ch 6 - Introduction to GIMP	Lab Session - Pg. 77
NOV	Ch 7 - More on GIMP	Lab Session - Pg. 91
DEC	Ch 4 - Computer Vision	Make a list of applications of Google Lens in MS Word
JAN	Ch 5 - Microsoft Excel	Lab Session - Pg. 60, 61
FEB	Revision	
MAR	Annual Examination (Ch - 4, 5, 6 & 7)	

ARTIFICIAL INTELLIGENCE

Month	Topic/Unit/Chapter
APRIL - MAY	Ch 1 - Understanding Intelligence
JULY	Ch 2 - Introduction to Artificial Intelligence
AUGUST	Ch 3 - Artificial Intelligence Domains
SEPTEMBER	Half Yearly Examination (Ch - 1, 2 & 3)
OCTOBER - NOVEMBER	Ch 4 - AI and Machine Learning
DECEMBER - JANUARY	Ch 5 - Think Like a Computer
FEBRUARY	Annual Examination (Ch - 4 & 5)

ART

APRIL	Page No. 10,11,30 & 32 Draw and colour any one composition of vegetables or fruits in Art file with the ref. of page no. 34.
MAY	Page No. 12/13,14,15,16,38,39,40,41,42, & 43
JULY	Page No. 17,18,19,24 & 25
AUGUST	Page No. 26 & 27
OCTOBER	Page No. 44 & 45
NOVEMBER	Page No. 50,51 or 52,53 or 54
DECEMBER	Draw and colour Christmas Scene in Art file with water colour
JANUARY	Page No. 56,57,59 & 60/61
FEBRUARY	Page No. 66(Any one scene) & 67(Any one scene)

MUSIC

Months	Syllabus
April	Sargam, Prayer Shabad, English Song, National Anthem, Guitar Lesson
May	Sargam, Prayer Shabad, English Song, Guitar Lesson
June	Summer Holidays
July	Sargam, Prayer Shabad, Patriotic Song, Guitar Lesson
August	Sargam, Prayer Shabad, Bollywood Song, Guitar Lesson
September	Exam
October	Sargam, Prayer Shabad, Folk Song, Guitar Lesson
November	Gurpurab Shabad, Guitar Lesson
December	Exam
January	Sargam, Prayer Shabad, English Song, Guitar Lesson
February	Revision
March	Final Exam

DANCE

Months	Syllabus
April	-Interaction with students <ul style="list-style-type: none">● Introduction of dance● Audition of dance competition● Practice of dance competition● Counts of tatkar
May	Foot work Song for dance class Sathai of song Antara of song
June	Summer holidays
July	Monsoon Special Song (Mukhra & Antra)
August	Independence day special Dance on patriotic song
September	Exam
October	Navratre special <ul style="list-style-type: none">● Dandiya (Gujrati Folk Dance)● How to Play with Dandiya sticks● Song (Mukhra & Antra)
November	Revision
December	Exam
January	Classical Dance <ul style="list-style-type: none">● Tatkar● Spins(Five Feet, two feet)● Torha
February	Revision
March	Final Exam

PHYSICAL EDUCATION & SPORTS

MARCH / APRIL	<ul style="list-style-type: none">A. Introduction of physical educationB. Warming up exercisesC. Khelo India BMI
MAY	<ul style="list-style-type: none">A. Callisthenic exercisesB. Mountain climber ,back flicksC. Khelo India flexibility (sit and reach test)
JUNE	Summer vacation
JULY	<ul style="list-style-type: none">A. Major games- Kho-Kho, BadmintonB. Fundamental skills of gameC. Khelo India speed and strength test (push up (boys) modified pushups for (girls) partial curl ups
AUGUST	<ul style="list-style-type: none">A. Shuttle runB. Zig zag runC. Introduction of track and field eventsD. Khelo India 50 m speed TestE. Activity on national sports day
SEPTEMBER	<ul style="list-style-type: none">A. Midterm GradationB. Fundamental skills of Foot ball/basketballC. Khelo India BMI (weight and height)
OCTOBER	<ul style="list-style-type: none">A. Major GameB. Recreational activityC. Practice of fundamental skills of volleyball/handballD. Khelo India Endurance test (600 mt run/ walk)
NOVEMBER	<ul style="list-style-type: none">A. Annual Athletic Meet
DECEMBER	<ul style="list-style-type: none">A. Practice of yoga asanasB. Practice of fundamental skills of game
JANUARY	<ul style="list-style-type: none">A. Minor Game and Recreational ActivityB. Side effects of obesity and role of yoga in reducing obesity
FEBRUARY & MARCH	<ul style="list-style-type: none">A. FINAL GradationB. FINAL EXAMINATION