



**GURU NANAK PUBLIC SCHOOL  
SARABHA NAGAR, LUDHIANA**

*Summer  
Holidays  
Homework*


**Class- LKG**









**Dear Parent**




**We wish you and your child a happy summer vacation .It's time to enjoy and create a bond with family, friends and relatives. To utilize this time in the most constructive way, we have prepared Holidays Homework for the students on the principle of 'learning by doing' for their holistic development.**




**Kindly ensure that the holidays homework is completed by the students under the guidance of the parents.**

### **1) Morning Blessings**



**Help your child inculcate good habits like doing "Surya Namaskar" and encourage him/her to wish all elders in the morning. If possible, visit a Gurudwara or any other religious place of your choice.**









## **2) Physical Development**

**\*Take the child with you for morning/evening walk.**

**\*Play different games like hide and seek, football, ludo, chess, snakes and ladders, carrom board etc. with your child. This will encourage him/her to express freely and become responsible.**





## **3) Language Development**

**\*Encourage your child to converse in English.**

**\*Choose any 1 object from your surroundings every day. Let the child speak a few lines on it. For example: This is an apple .**

**It is red in colour. It is sweet and juicy. An apple a day keeps the doctor away.**







#### **4) Social and Emotional Development**



**\*Tell the child about your childhood, share incidents from the past and show him/her old family albums. This will strengthen the bond between you and your child.**



**\*Cook dinner together, show your child how to measure 1 cup, 1/2 cup, 1 teaspoon etc. Start naming the food groups when you serve them.**

**\*Let your child help in household chores like cleaning windows, filling water bottles, laying table, arranging toys, watering the plants etc.**



#### **5) Health and Hygiene**

**“Healthy mind resides in a healthy body.” So start your day early and set a routine even during vacation. In addition you and your little one can spend some quality time playing, cycling or swimming to be fit and healthy. Encourage your child to take care of personal hygiene by inculcating hygienic habits.**





# COMMUNICATION SKILLS

*Conversing in English is the need of the hour. Children have a great capacity to absorb the language of sounds. So you should ensure that your child starts learning this global language as early as possible. Make sure to converse in English with your child to build up his/her confidence.*

*Ensure to use the below mentioned sentences in your routine.*

- 1. It is too hot today/ it is too sticky.**
- 2. Mom, I am tired.**
- 3. Please change my clothes.**
- 4. May I go to play?**
- 5. Let me watch cartoons.**
- 6. Let's go out.**
- 7. When will papa come?**
- 8. I am hungry/thirsty.**
- 9. I feel like vomiting.**
- 10. Please pass me the vegetable.**
- 11. Please clean my face.**
- 12. Nice to meet you.**
- 13. Mom milk/water has spilled on my clothes.**
- 14. Mom, can I open my gifts?**
- 15. He/ She is tearing my book.**





# COMMUNICATION SKILLS



16. She is scribbling on my notebook.
17. She is writing on the table.
18. I was sick yesterday.
19. Don't spit here.
20. Ice cream is very yummy.
21. Mom, please help me to do my work.
22. May I help you?
23. Draw the curtain.
24. Drag the chair.
25. May I sit with my friend?
26. Papa is not at home.
27. There is a call for you.
28. Mom, please give me a hug.
29. Mom, you are looking very beautiful.
30. Papa, you are looking handsome.



**Encourage your child to say  
'Sorry' and 'Thank You.'**





# GARDEN YOGA FOR KIDS



## 1. Pretend to be a tree

**Tree Pose:** Stand on one leg. Bend the other knee and place the sole of your foot on your inner thigh. Sway like a tree in the breeze. Now the other side.



## 2. Pretend to be a frog

**Squat Pose:** Come down to a squat with your knees apart and arms resting between your knees. Touch your hands to the ground. Jump like a frog.

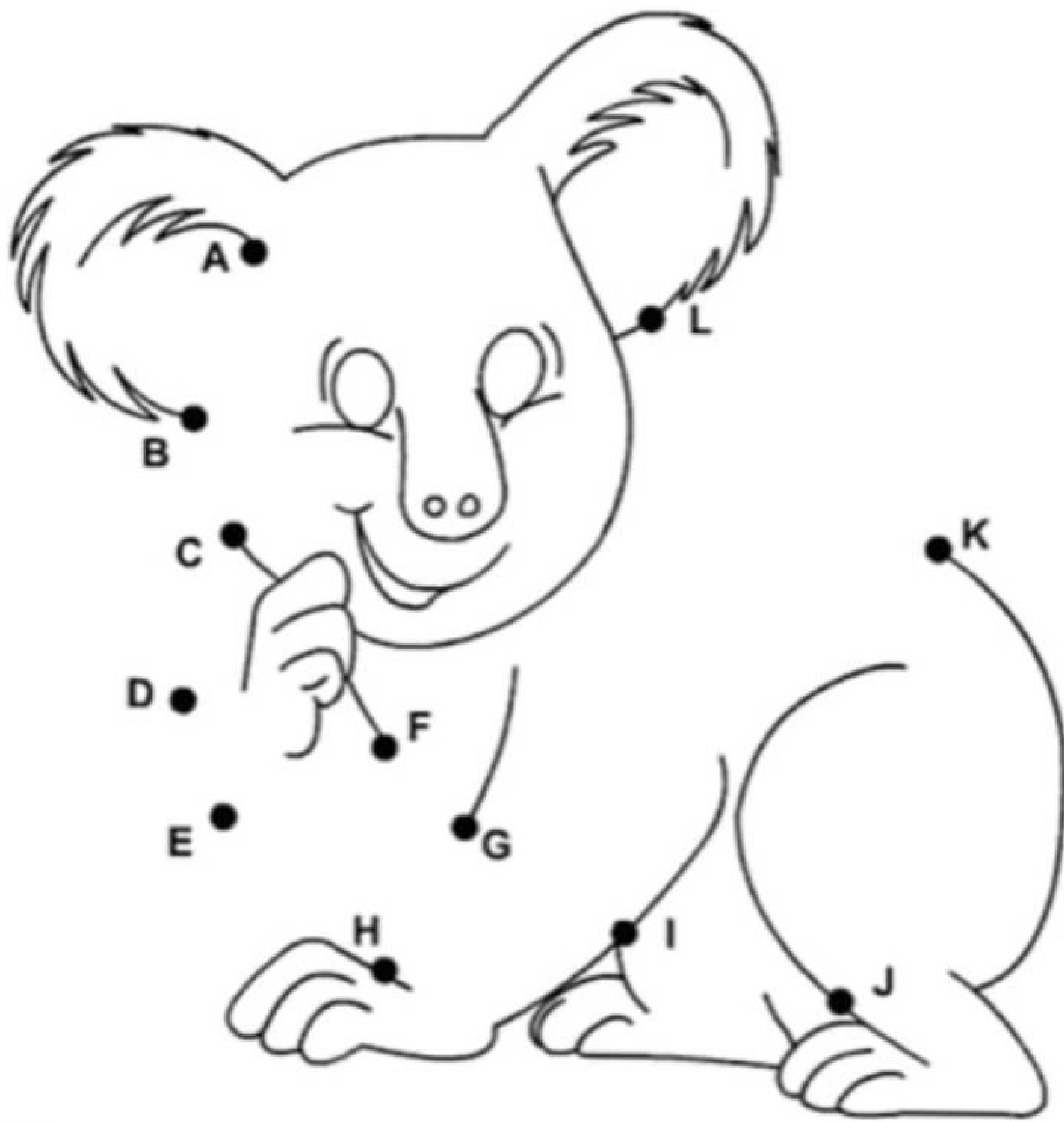


## 3. Pretend to be a butterfly

**Cobbler's Pose:** Sit on your buttocks with a tall spine. Bend your legs with the feet together. Flap your legs like the wings of a butterfly. Pretend to be a flower

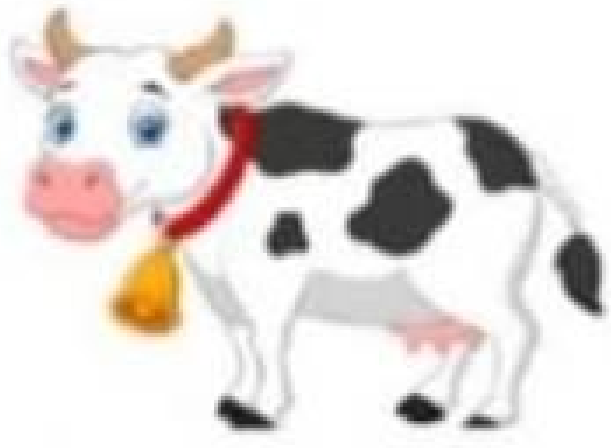


Connect Letter A to L.





Tick the initial letter of the given picture:



C D O



R Q D



A D C



H P K



A B C



F G K



E N P



G Z F



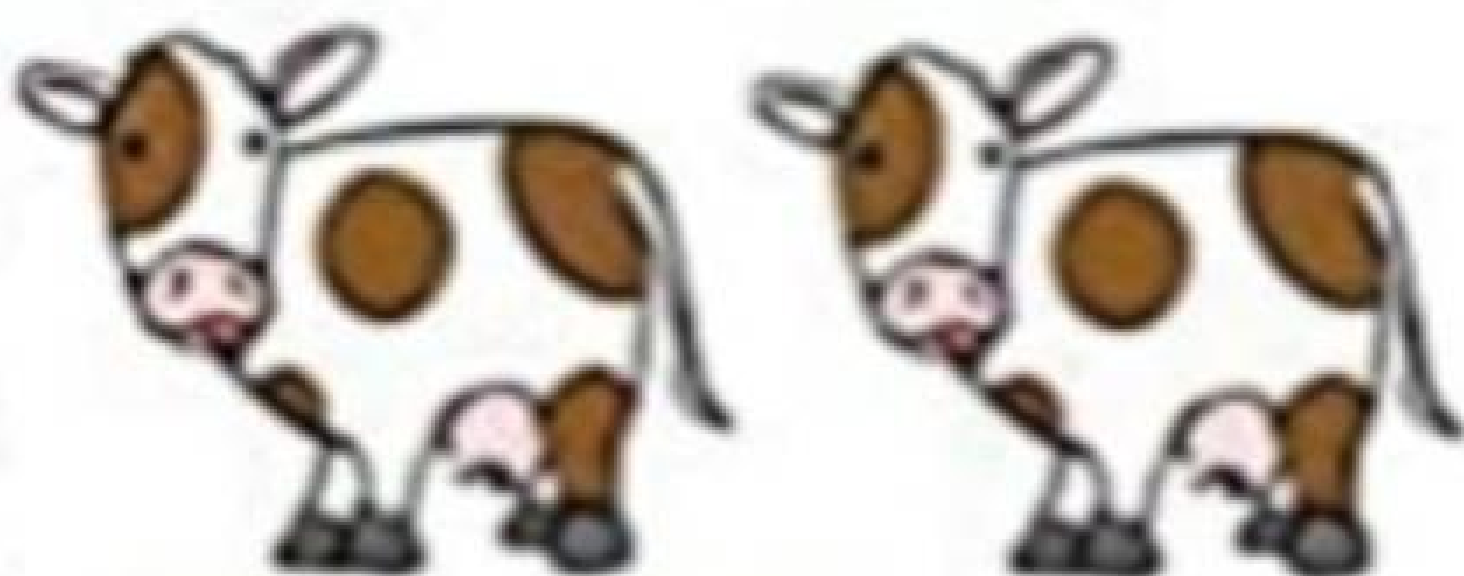
Count the number of objects and colour the correct number below.



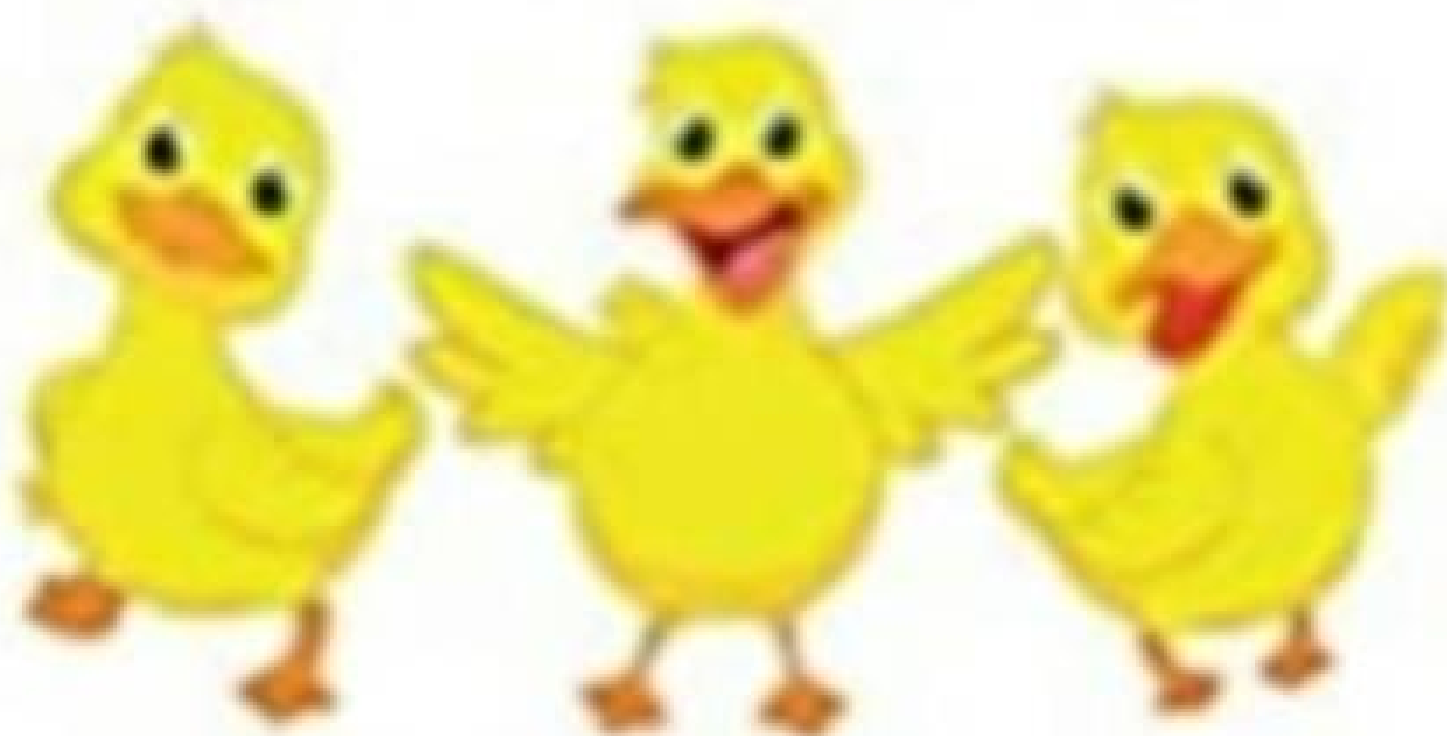
3      5      4



1      0      2



4      5      2



4      3      2



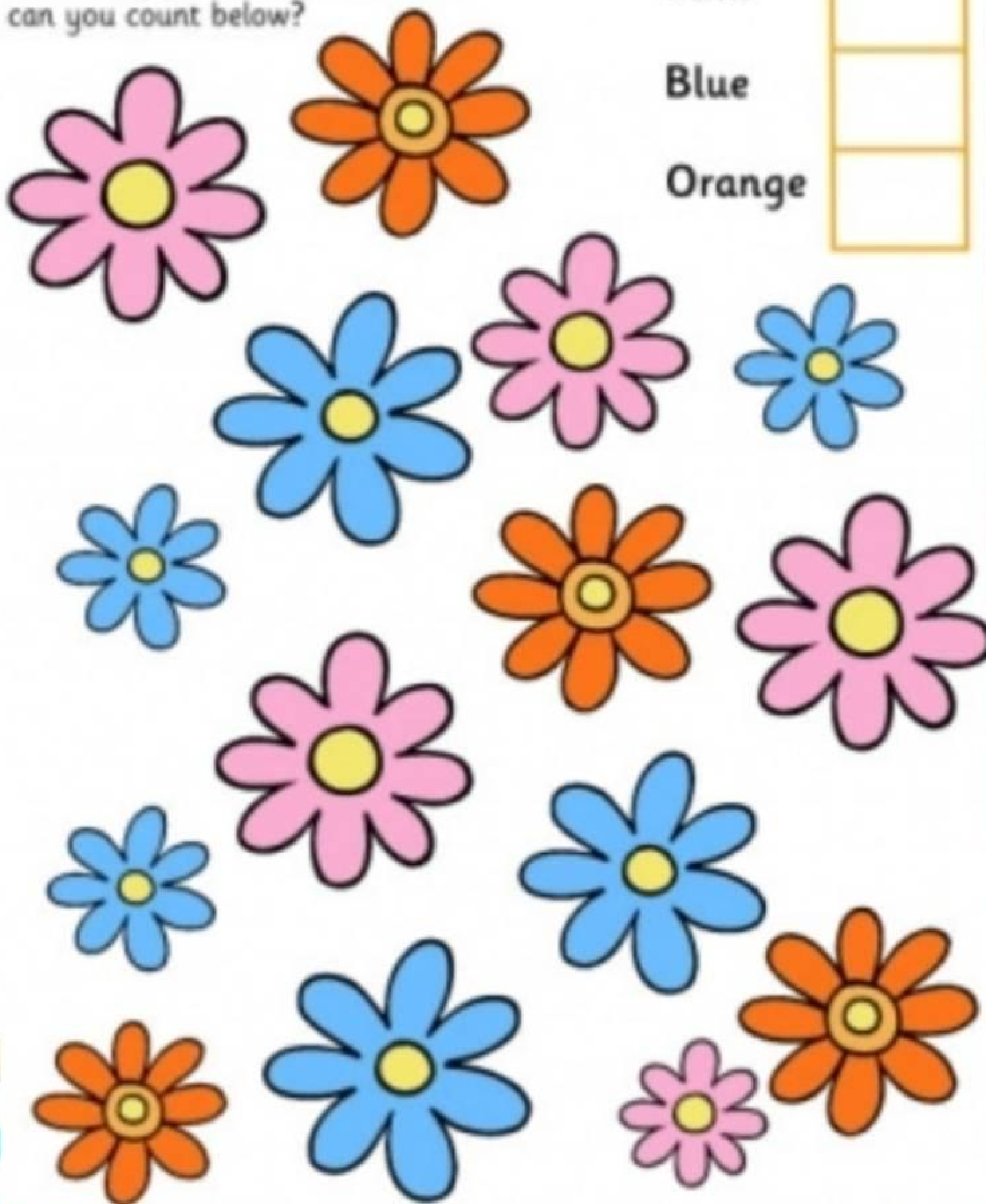
# Flowers Counting

How many flowers of each colour can you count below?

Pink

Blue

Orange





**Dear Parents**  
**Kindly help your ward read**  
**the phonic stories A to L and**  
**utilise your vacation time**  
**constructively.**



## Phonics & Reading





## A is for Ant

(Read the story to your student then have them write all of the letter A's)



Ann the ant works  
hard all day.  
She gathers  
apples, acorns  
and artichokes!

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## B is for Butterfly

(Read the story to your student then have them write all of the letter B's)

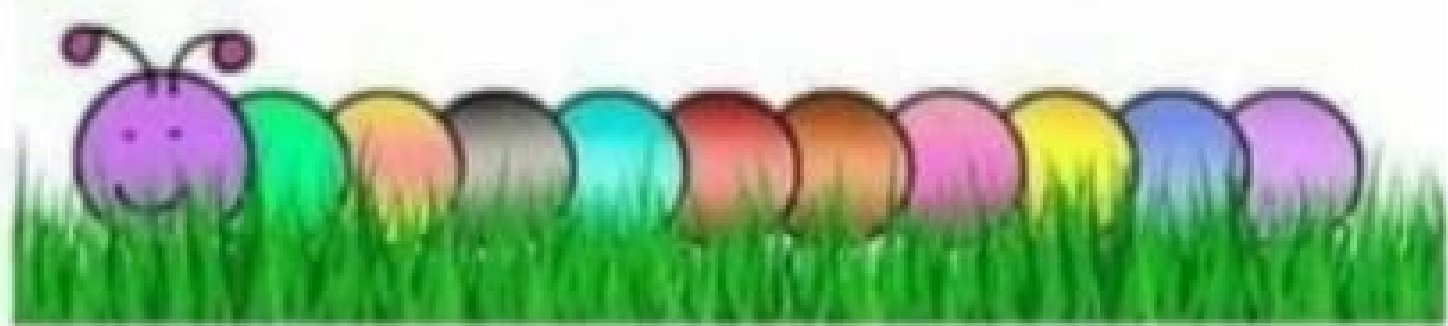


Bob the butterfly  
blows big bubbles  
with his bubble  
gum. Bigger,  
bigger boom!

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## C is for Caterpillar

(Read the story to your student then have them write all of the letter C's)

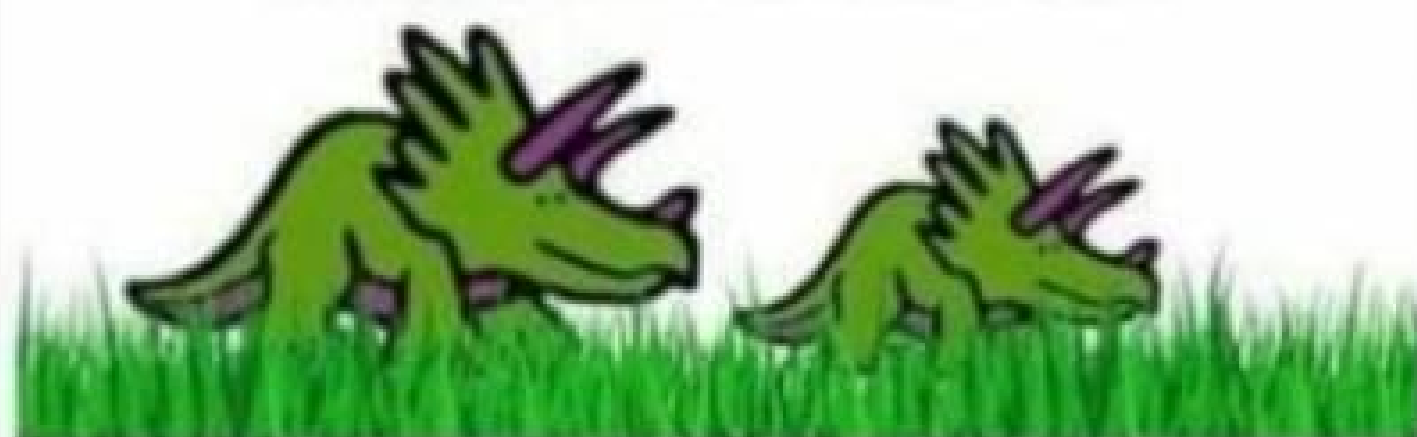


Cappy the  
caterpillar chases  
cats and eats  
carrots, cantaloupe  
and cranberries.

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## D is for Dinosaur

(Read the story to your student then have them write all of the letter D's)



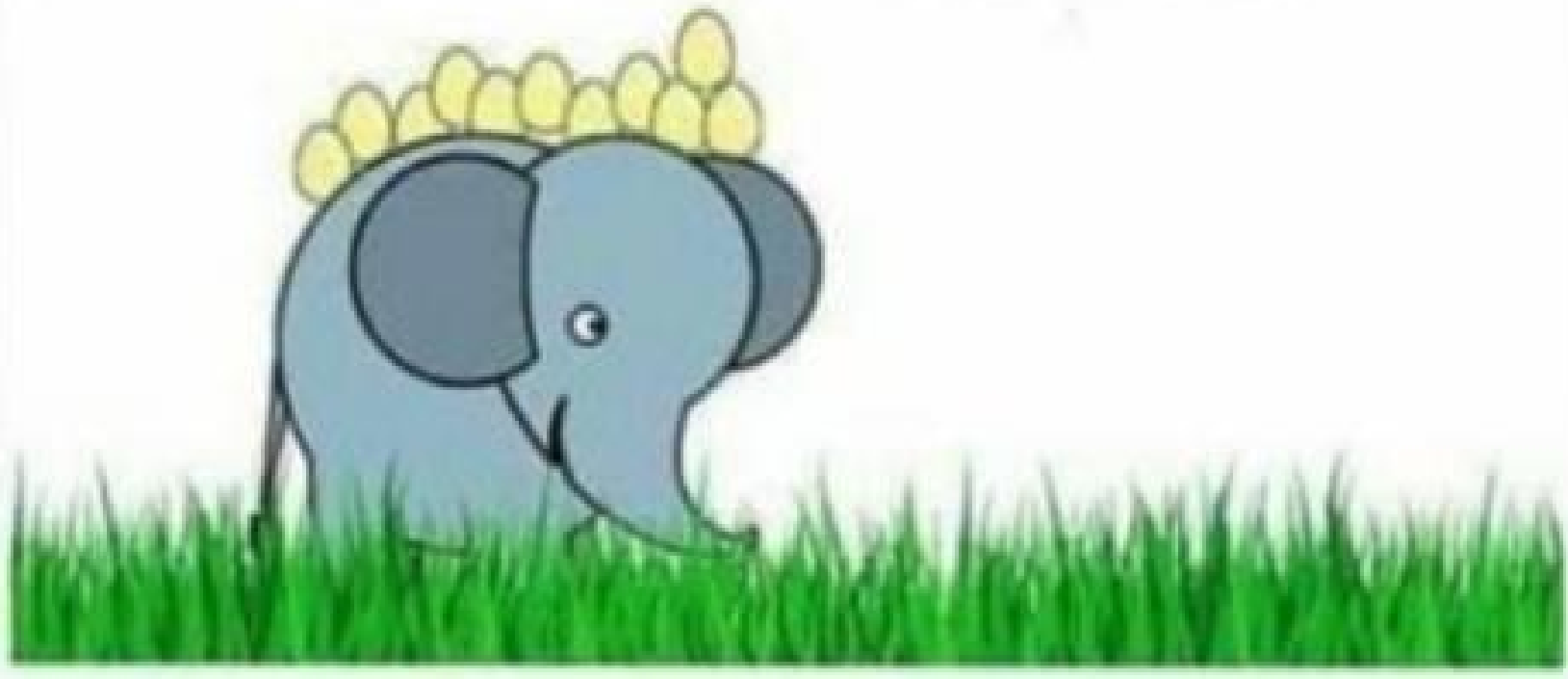
Dante and Debbie  
dig all day deep in  
the dirt. They are  
digging for  
dinosaur bones.

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# E is for Elephant

(Read the story to your student then have them circle all of the letter E's)



Elsa the elephant  
balances eleven  
eggs on her head.  
Careful Elsa!

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# G is for Gumball

(Read the story to your student then have them circle all of the letter G's)

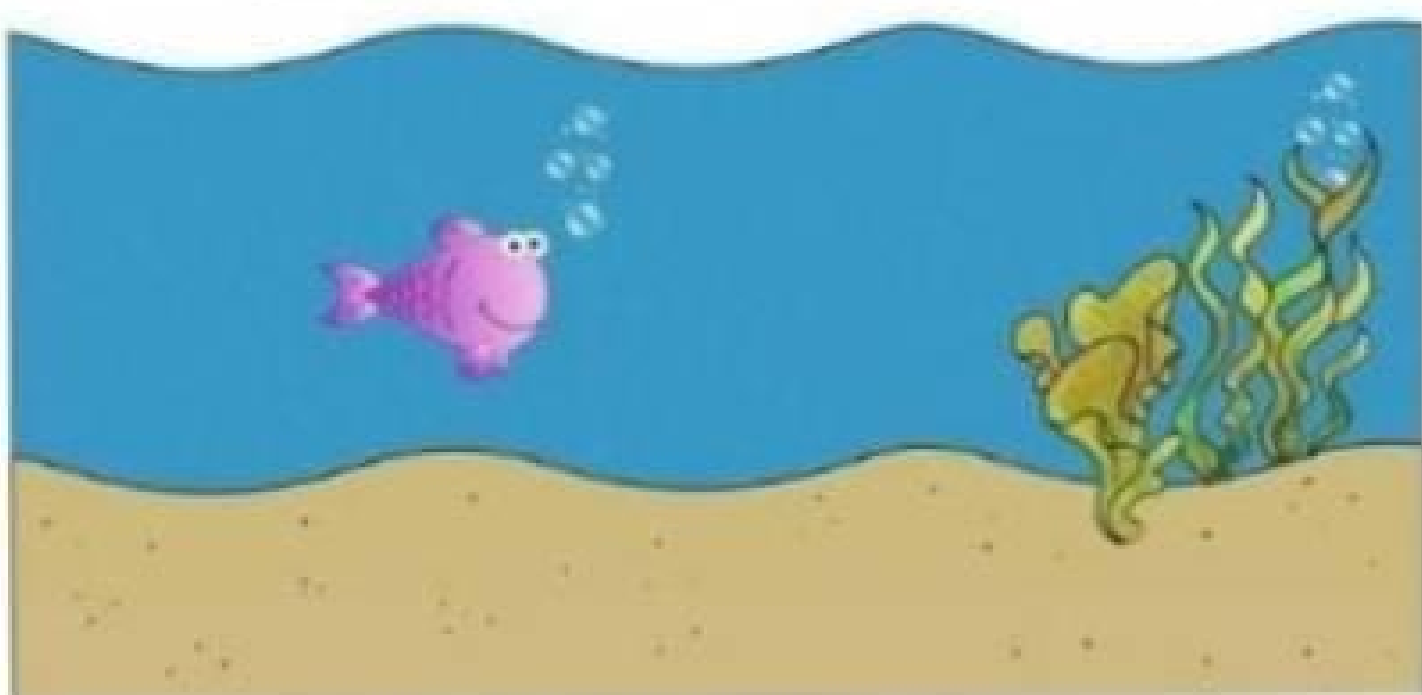


George gets to  
gather gumballs.  
He gobbles them  
up by the gobs!

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# F is for Fish

(Read the story to your student then have them circle all of the letter F's)



Fred the fish finds  
other fun fish in  
the colorful ocean  
reef.

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# H is for Hippo

(Read the story to your student then have them circle all of the letter H's)

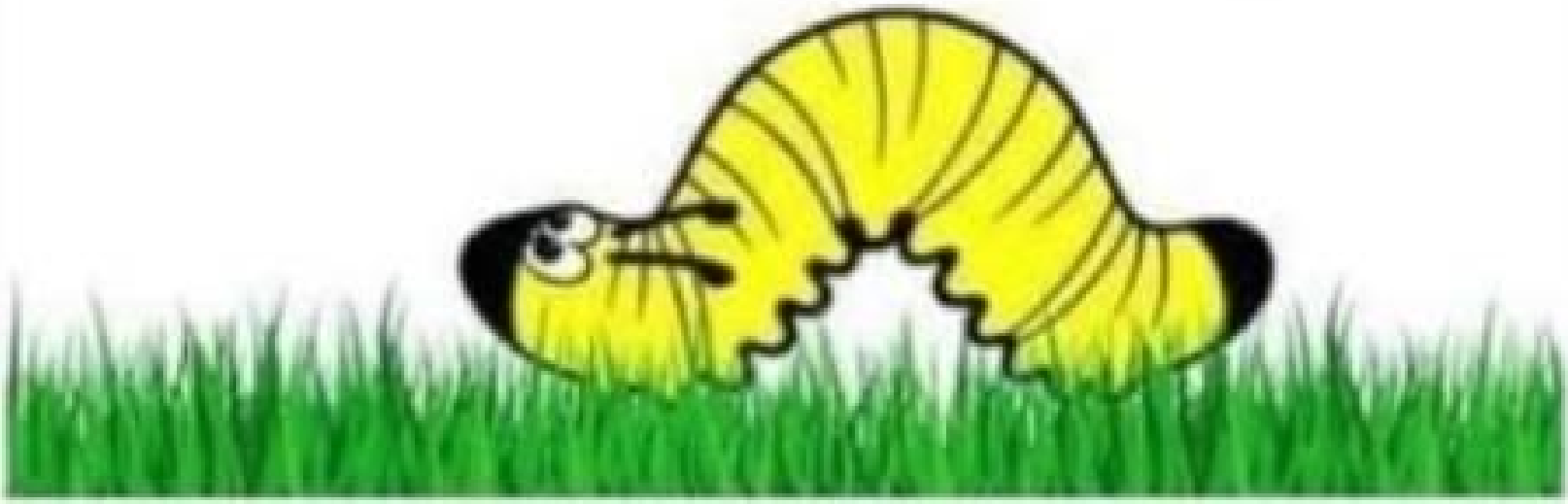


Henry hippo hops  
on his bed. How  
high can Henry  
hop before he  
gets hurt?

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# I is for Inchworm

(Read the story to your student then have them circle all of the letter I's)

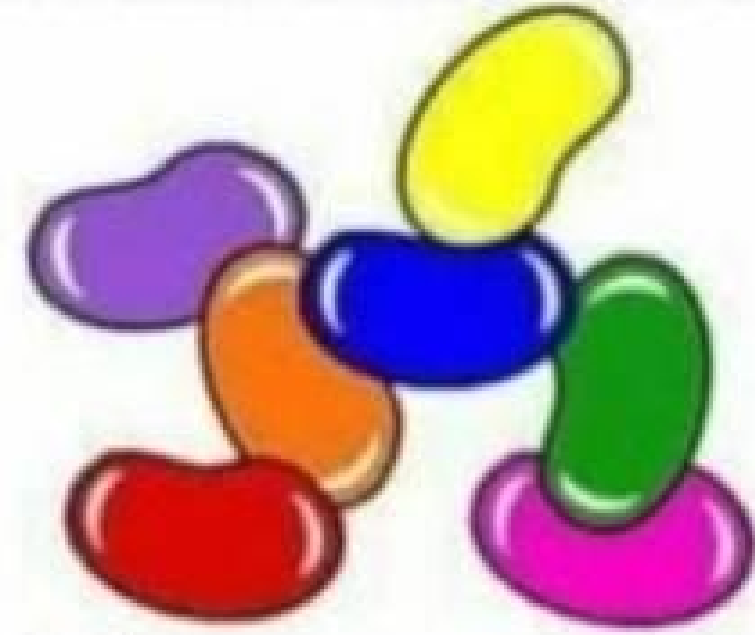


Izzy the inchworm  
inspects insects in  
the dirt. He goes  
through inch by  
inch!

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# J is for Jellybean

(Read the story to your student then have them circle all of the letter J's)



I like to juggle  
Japanese jelly-  
beans. The juicy  
taste makes me  
jump for joy!

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# K is for Kite

(Read the story to your student then have them circle all of the letter K's)



Kirby flies his kite  
while having kiwi  
with kool-aid and  
doing karate kicks.

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# L is for Ladybug

(Read the story to your student then have them circle all of the letter L's)



Lucy ladybug lies  
listfully in the  
lagoon while licking  
a lemon lollipop.

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# Father's Day

Hands down, the best gift you could give Dad for Father's Day is quality family time. Do a few Father's Day activities. But if the kids want to go the extra mile for Dad, there's nothing better than a handmade creation.

## LolliPOP Prize Ribbon Card

### Material Required:-

- Cardstock /Chart paper in various colors
- Scissors
- Ruler
- Scoring tool or exacto knife
- bone folder
- Hot glue gun/fevicol
- Circle punch, optional
- Pinking shears, optional



## Instructions -

1. For a 2-tone medallion, cut 2 strips 2-inches wide by 12-inches long, each in a different color.
  2. Accordion fold the strips by scoring the strip longways in 5-inch sections. Use a bone folder to make crisp folds.
  3. Glue both edges of each strip together to create a continuous circle.
  4. Bring the upper edge of the circle together in the middle to create a medallion and secure with a generous dab of hot glue in the center.
  5. Cut additional strips of paper in various widths and glue to the back to hang down below the medallion. Use scissors to trim the edges in a slant, pinked edges, etc.
  6. Take a lollipop and glue to the center of the medallion. Trim outer packaging of the candy if necessary.
  7. Write a cute note to the receiving father!
- Use: #1 Pops, Best Pop, I Love You Pop, Top Pop, Number 1 Pop, and Sweetest pop.





# ENGLISH RECITATION COMPETITION



**Prepare your child for the forthcoming Competition-**



**English Recitation Competition will be held in the first week of August, 2022. Rhyme should be out of the syllabus.**








# Water music

- 
- 
- You will need 6-8 glass jars.
  - One jar should be empty and the other jars should all have different levels of water in them. The last jar is full.
  - Add a few drops of food colouring to the water so children can see the different levels.
  - Let children discover the different sounds produced by tapping the jars with wooden spoons and metal spoons.
  - Line up the jars in order, from the empty jar all the way up to the full jar.



**Can you make music with water?**

**The empty jar produces the highest pitch and the full jar produces the lowest pitch.**

- 
- **Variation:** You could use different objects such as cans, plastic containers, etc. Children will understand that different objects produce different sounds.







### **#Daily routine**

**\*First of all, cover your head properly, sit nicely with crossed legs and joined hands.**

**Close your eyes and remember God by reciting his name (minimum 1 minute) daily.**

**\* Practice Gurbani Shabad**

**"JO JO CHITVE DAAS HAR MAYEE ||  
SO SO KARTA AAP KARAYEE ||"**

**Prepare above mentioned Shabad in holidays and auditions for the same will be conducted in the last week of July. Selected students will get a chance to participate in Gurpurab Celebration.**

**\*Watch videos of the following and practice them with actions.**

**1. Five little monkeys**

**2. Nani Teri morni**

**3. Lakdi kathi**

**Prepare any one song..**

**\*Practice rhythmic clap game (part one and part two).**

**Note:**

**Dear Parents**

**We are sharing the videos for your reference. Kindly make your ward watch the videos and practice accordingly.**





*#Stay Home*

*#Stay Safe*